

# Skate with the Star Lit Blades

## Synchronized Skating Teams

**Come Join Us For Our First Semester of Synchronized Team Skating!**

Synchronized Skating is when a team of 8-20 figure skaters make formation and shapes, connected and unconnected, all while performing to music. Skaters will learn basic formations and will work on their individual skating skills. These will be presented at the end of each session.



For all skaters  
comfortable with  
forward &  
backward pumps  
And above!!!

**Info:** 60 minute classes with a combination of on ice & off ice training, held on Friday's from 5:00-6:00 pm.

**Cost:**

Session 1 - \$105  
Session 2 - \$105  
Session 1 & 2 - \$160

**Cost includes:** Ice Time, Coaching, T-shirt for performance, one performance/showcase.

**Session 1:**

Dates- Sep 17, 24,  
Oct 1, 8, 15, 22

**Session 2:**

Dates- Oct 29, Nov 5, 19,  
Dec 3, 10, 17

*\*All training will be held at Cottonwood Heights Ice Arena\**

Synchronized skating is a team element of figure skating that emphasizes the understanding of basic edges and presentation. These training classes will prepare skaters to join a competitive travel team in the future if they choose to do so. Bring a friend and join the fun!

Please contact:  
starlitblades@gmail.com  
with any questions!

Or Visit Our Website:

[www.starlitbladessynchronizedskating.com](http://www.starlitbladessynchronizedskating.com)

for more info.



# Synchronized Skating Team Training Sessions

## REGISTRATION FORM

Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent or Legal Guardian Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Highest test passed FS \_\_\_\_\_ MIF \_\_\_\_\_ Dance \_\_\_\_\_

USFS # \_\_\_\_\_ Email Address \_\_\_\_\_

Coach Name: \_\_\_\_\_ Coach Email Address \_\_\_\_\_

In Case of Emergency, Notify (other than Parent or Guardian):

Name \_\_\_\_\_ Phone \_\_\_\_\_

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\_\_\_\_\_ **Session 1 or 2 (circle one): Fridays 6 weeks – 5:00-6:00 pm** **\$105.00**  
**Class is held at Cottonwood Heights Recreation Center**

\_\_\_\_\_ **Session 1 & 2 – Fridays 12 week 5:00-6:00 pm** **\$160.00**  
**Class is held at Cottonwood Heights Recreation Center**

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### **Parental Statement of Agreement, Assumption of Risk, Liability and Refund Policy**

1. Release and indemnification: I hereby recognize and acknowledge that my child's participation in recreational activities may involve bodily and/or emotional injury to myself and/or my child. In consideration of my child being able to participate in such events I for myself, my child, my heirs, my executors and administrators, hereby voluntarily and knowingly indemnify and hold harmless, defend, release, waive and discharge the Star Lit Blades Synchronized Skating Teams, synchronized skating coaches, Star Lit Blades Board of Directors, and volunteers from any and all suits, claims or liabilities, including negligence based on any injury. In addition, I agree that I or my insurance company will pay for medical, hospitalization or any other expenses resulting from my child's participation.
2. Refund Policy: No refunds shall be given if skater does not make the team or chooses not to participate.
3. Emergency Treatment: I hereby authorize the Star Lit Blades Synchronized Skating Teams staff to act on my behalf in accordance with their best judgment in case of an emergency involving my child, and agree to assume full responsibility for all expenses, medical or otherwise that may arise therefrom. I understand that I or my insurance company will pay for such emergency treatment.

By signing this assumption of risk, liability release, indemnification and refund policy statement, I acknowledge that I have read its contents and disclosure, that I understand its contents and disclosure, and that I agree to its terms

Skater Name: \_\_\_\_\_ Date \_\_\_\_\_

Parent Name: \_\_\_\_\_ Date \_\_\_\_\_

Signature (Parent or Legal Guardian) \_\_\_\_\_ Date \_\_\_\_\_

Coach use Only: CASH \_\_\_\_\_ VENMO \_\_\_\_\_ AMOUNT \_\_\_\_\_